

colonoscopy



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When is this examination carried out?

A colonoscopy can identify the causes of abdominal pain, diarrhea, anemia or blood residue in the stool and changes in bowel movements. One of the main indications is the colon cancer screening.

What are the single steps of a colonoscopy?

Prior to the procedure, we will conduct an informative medical consultation with you, during which we will explain on the one hand all about the preparation for colonoscopy and on the other hand the procedure itself. If applicable, your individual accompanying diseases will be addressed as part of the consultation. Cleansing of the Colon before Colonoscopy: The success of colonoscopy is largely determined by the quality of your preparation. Only a well-prepared, clean colon allows for an accurate assessment of the mucosal membrane. In our leaflet „Colonoscopy Preparation“ we provide instructions and tips on how to prepare yourself prior to the procedure. During the colonoscopy, the flexible endoscope is fed into the colon via the anus. Under visual control via a video, the endoscope is then moved all the way to the end of the small intestine. For better assessment, the colon is filled with air or gas (CO₂). The detailed assessment of the mucous membrane is then carried out by the slow withdrawal of the endoscope. If necessary, tissue samples can be retrieved or polyps can be removed (completely painless procedure). The colonoscopy without any additional measures usually takes about 15 to 20 minutes. If tissue samples have to be retrieved or polyps have to be removed, the procedure might take longer. ...



Since the advancing of the endoscope and the air insufflation may be accompanied by discomfort and pain, we recommend having the procedure done in a twilight sleep or under local anesthesia. To ensure that the feeling of being bloated will subside quickly at the end of the procedure, we use carbon dioxide which is rapidly absorbed by the body. During the twilight sleep phase, you will be continuously monitored. After waking up, you will soon feel fit again. However, your ability to react is impaired for some time. Therefore, you must not drive or engage in complex activities, especially in the following 24 hours. Prior to the procedure, please arrange for you to be picked up from our practice after the procedure by a person of your choice and, if possible, to not be alone at home after the procedure.

About colonoscopy:

A good cleansing of the colon is essential for the optimal assessment of the colon during the procedure! Inadequate cleansing of the colon leads to a prolonged procedure, increases the rate of possible complications, and the results of the procedure might not be conclusive and, in the worst case, the procedure must be repeated. The Day before the Procedure: On the eve of the procedure, please drink one liter of Moviprep® to begin with the cleansing of the intestine. The second liter of Moviprep® you have to drink the following morning, about 3 hours before coming to our clinic to have the procedure. After this liter of cleansing solution, drink another half a liter of a clear liquid of your choice until your „bowel movement“ is chamomile-colored and free from solid components.

You may drink water up to 2 hours before the examination. If excretion does not occur as described above as a chamomile-colored liquid without solid components, please contact us in our practice!

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